THE REPORT

OF

THE COMMITTEE OF VISITORS

OF

The West-Riding

PAUPER LUNATIC ASYLUM,

FOR THE YEAR 1855,

Presented at Wakefield Sessions, 1st January, 1856.

WAKEFIELD:
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OF

The West-Riding Pauper Lunatic Asylum,

FOR THE YEAR 1855.

PRESENTED AT WAKEFIELD SESSIONS, 1ST JANUARY, 1856.

Admissions. The admissions during the year have been:—

Males	134
Females	131
Total	265

Deaths. The deaths have amounted to:—

Males	62
Females	35
Total.....	97

Discharges.

The discharges of Patients have been as follows:—

Males	73
Females	93
Total	166

Patients in Asylum.

The number of patients in the Asylum on the 31st December last, was as follows:—

Males	356
Females	411
Total	767

Health of Patients.

The health of the patients has been generally good; and the Asylum has been free from epidemic diseases. The number of deaths, as will be seen from the above statement, has been ninety-seven, which is less by seventeen than in the preceding year. Notwithstanding this diminution in the number of deaths, some instances have occurred of patients being sent to the Asylum in an extremely debilitated condition, and where deaths have happened shortly after admission.

Weekly charge.

Your Committee have been compelled to increase the weekly charge for Patients from *7s.* to *7s. 6d.* per week, owing to the high price of provisions.

Increased accommodation.

During the early part of last year the want of further accommodation for both male and female patients was much felt, but in consequence of the additions and alterations since made, both in the old and new buildings, as referred to in the last report of the Committee, a considerable number of additional patients have been admitted. There is still, however, a demand for further accommodation; and the Visitors have ordered a plan and estimate to be made, by Mr. HARTLEY, of what they consider necessary for the additional enlargement, leaving it to the Magistrates assembled at the next Pontefract Sessions, to decide whether a grant of a sufficient sum of money for carrying the same into effect, be made or not; at the same time the Visitors have instructed the Clerk of the Peace to give the necessary notice for an application for the sum Mr. HARTLEY estimates the increased accommodation will cost, £23,500.

Officers and Servants. The officers and servants of the Asylum have fulfilled their duties, generally, to the satisfaction of the Committee.

New rules. The new rules were approved of by the Secretary of State, in March last, and have since been printed and acted upon.

For more extended information the Committee beg to refer to the Report of the Medical Superintendent, a copy of which is printed herewith.

H. W. WICKHAM,
Chairman.

CHARLES HICKS, PRINTER, MARKET-PLACE, WAKEFIELD.

MEDICAL SUPERINTENDENT'S REPORT.

During the year 1855, 265 patients were received into the West-Riding Asylum, viz: 134 males and 131 females, making, with 765 in the house at the commencement of the year, a total of 1030 patients under treatment, and an average of 787 resident throughout the year.

The discharges during this period were 66 males and 82 females recovered; 6 males and 8 females relieved; 1 male and 3 females not improved; and 62 males and 35 females who died; leaving, at the end of the year, 356 males and 411 females in the Asylum.

The most prominent subject which I have to bring under the notice of the committee of visitors is the inadequate accommodation now remaining in this Asylum, proportionate to the number of applications for the admission of patients.

By the removal of the circular staircases in the men's house, and the occupation of rooms formerly used as workshops and store rooms in the women's building, space was gained in the years 1854 and 1855, for ninety additional beds; yet there have been applications for 8 males and 90 females, more than could be immediately admitted; subsequently, two-thirds of this number were received as vacancies occurred, those requiring immediate confinement had to be sent to other Asylums.

At the adjourned sessions, in October last, I obtained your permission to alter several rooms in the females' wards; this alteration is now progressing, and will, at a moderate cost, provide bed rooms for 20 females; then all available space will, I think, have been brought into use for sleeping apartments, as, although

a few more beds might be added, it must not be forgotten, that in an equal ratio, proper and healthful day room should be provided, and any further encroachment in numbers would render the present dining rooms crowded.

The above statements will sufficiently indicate the necessity of increased buildings, either upon the present site or elsewhere; if upon this ground, I trust the visitors will consider the importance of either purchasing or renting more land, which is so desirable in the employment, curative progress, and for the recreation of the Insane.

In compliance with a resolution passed at the last quarterly meeting, I have visited several of the principal workhouses, with the intention of ascertaining what accommodation existed for the care and protection of harmless chronic lunatics and idiots. After a careful inspection of these places I have come to the conclusion, that with the exception of Sheffield, none are fitted for the reception of lunatics, under their present arrangements, without considerable alterations, and in some, these alterations appear quite impracticable. In the Sheffield workhouse the lunatic wards are capable of holding eighteen of each sex; but, although they are made as comfortable as the situation will permit, placed as the workhouse is, in the centre of a densely crowded locality, I should not recommend an additional number to be transferred hence, to wards already fully occupied.

I think it right to bring under your consideration the various difficulties, which present themselves to my mind, in rendering workhouses fit for chronic lunatics. Two day rooms would be essential for each sex, to separate the quiet and aged, from the more troublesome; some single sleeping apartments should also be provided, in addition to the dormitories, as many of the cases, though harmless by day, are often restless and noisy at night; airing grounds, contiguous to the wards, are also most important to the health of the insane, where they would be separated

from the other inmates, who, from ignorance of the consequences, will frequently make imbeciles the subjects of taunt and jest, thus rendering harmless lunatics, violent and dangerous; neither would such insane be properly cared for, without a suitable number of paid attendants. It then becomes a doubtful question, whether the weekly expenditure would be much reduced? a reduction commensurate with the outlay of money expended.

The health of the patients has been for the past year uniformly good and free from epidemic diseases. As might be expected among so large a community, a few cases of diarrhœa and dysentery occurred at intervals, which soon yielded to treatment; the other cases under medical care have been of an ordinary character. The number of recoveries show an increased per centage over the previous year, and there is also a decrease of four per cent in the rate of mortality. On referring to the table of the causes of death, you will find a large proportion are from, "Paralysis," "Exhaustion," "Epilepsy," and "Apoplexy." At the present time there are 106 cases subject to fits of epilepsy, besides many who are paralytic, imbecile, and infirm; also several who are far advanced in years, having been sufferers from insanity for a long period: these facts do not augur much in favour of a decreased mortality during the ensuing year. Many of those admitted were received in a most feeble state,—two died a few hours after their arrival; in three cases, the patients having been found dead in bed when visited in the morning by the attendant; coroner's inquests were held, the verdicts returned were, one "Epilepsy," another "Apoplexy," and the third, "Suffocation from Epilepsy." Of the patients now resident, I do not think more than from 80 to 90 will recover.

Many of the newly-admitted cases were reported suicidal, and some have attempted self-destruction, happily they have been so far unsuccessful, and it is a source of much gratification that several of them have been restored to reason and their homes, and others are advancing towards recovery.

No mechanical restraint has been used during the past year, and seclusion has also been considerably diminished.

The steam pipes ordered to be laid in several of the wards were completed before the cold weather set in, they are answering well; and the temperature can now be kept at from 55 to 60 degrees.

The hot water cisterns, in course of erection, will remove all those difficulties so often experienced from the want of a sufficient supply, and I trust the visitors will now be induced to complete the baths and lavatories in every ward in the men's house, upon the same plan as those erected last year, which in all respects answer satisfactorily. The three self-acting water closets which were constructed at that time, have fully answered my expectations, after undergoing a fair trial; I can confidently recommend their adoption in the place of the old closets now in use.

The railings and walls separating the east airing court have been removed, and the ground is now being filled up to continue a terrace walk all round, from north to south of the east wing; the materials for raising this mound, are obtained from a high bank which impeded the free circulation of air through No. 18 ward, ever since the west wing was erected. This clearance will have the additional advantage of obtaining a level space for a bowling green—a source of amusement and healthful recreation; the materials obtained from the walls, &c., will more than cover the cost, as nearly the whole of the labour is done by the patients, who are evidently much interested in the improvement, and many are thus employed who would not have been included in our present regular farm and garden occupation.

The chaplain has very kindly personally undertaken the formation of a school in the men's asylum, as an experiment; from twenty to twenty-five meet twice a week, and receive instruction in reading, writing, and arithmetic; the attention,

interest, and pleasure they evince is most marked, neither is the avidity to attend diminished after four months experience.

By your permission, some inexpensive in-door amusements have been purchased, these, added to cheap and interesting publications, tend much to the quietude and comfort of the patients; a number of pictures have also been provided which are now being framed and varnished, to hang up in the rooms and galleries, as a means of decoration and amusement; the frames are made by a patient, many of them out of the old restraint chairs; I am gratified in being able to state that the last has now been removed to be thus disposed of.

The usual christmas festivity was very numerously attended, male and female patients dancing together in a most orderly manner; two of the male patients assisted in the instrumental part of the performance, which was very efficient; others contributed a song, to the gratification of the audience. About four hundred were present.

The gardens and farm have yielded an abundant crop, particularly of potatoes, which add so much to the health and comfort of the inmates; should disease not affect them, I trust we shall have none to purchase for general consumption. Upon several occasions the garden has produced more than could be consumed; the superabundant quantity was sold and realised a sum, which will almost purchase seeds for the current year.

Thanking you for your uniform kindness and liberality in promoting improvements for the benefit of the Institution, I sincerely hope that by a cordial co-operation of your officers and servants, this Asylum will hold a position, satisfactory to every one who takes an interest in the unfortunate insane.

JOHN S. ALDERSON,
Medical Superintendent.

January 1st, 1856.

Dr. WEST YORK COUNTY ASYLUM

Receipts.

	£	s.	d.	£	s.	d.
To Balance of last Account . . .	„	„	„	—1457	16	4
" *Cash received for sundries sold, viz :*						
Cow	9	0	0			
Cows' Hides and Tallow . .	4	18	0			
Calves	7	7	0			
Pigs.	12	3	0			
Potatoes	4	8	0			
Turnips	6	3	6			
Oats	9	16	0			
Garden Produce . . .	18	8	5			
Dripping	80	16	1			
Yeast	36	15	4			
Soot	6	2	0			
Rags	5	5	6			
Old Metal	17	6	0			
Clothing	0	12	6	— 219	1	4
" Banker's Interest	„	„	„	2	0	0
" Amount received from E. Hodgson, Esq., for Patients chargeable to the Riding.	„	„	„	351	14	7
" Amount received from Unions & Townships	„	„	„	14606	0	5
				£16636	12	8

" To Amount due from Unions and Townships, for half year ending 31st Dec..	„	„	„	5941	4	9
" Balance in hand as per Contra . .	„	„	„	1008	9	7
				£6949	14	4

AUDITED, 24*th January*, 1856,

J. HOLDSWORTH,
THOS. HALL.

PASSED, *at the Annual Meeting of the Visitors,*
24*th January*, 1856,

H. W. WICKHAM,
Chairman.

Expenditure.

	£	s.	d.	£	s.	d
By *Provisions, viz:*						
Flour, Meal, &c.	3223	17	1			
Groceries	907	5	11			
Hops.	330	8	4			
Malt	1329	14	0			
Meat	3122	19	3			
Potatoes	12	0	0			
Tobacco	83	19	4			
Wine, Spirits, and Porter	181	17	6—	9192	1	5
" *Clothing and Bedding, viz:*						
Cloth, Linen, Sheeting, Draperies, &c.	1078	5	5			
Leather, Hemp, &c.	306	10	0			
Straw, for Bedding	90	0	0			
Wool and Slubbing	219	18	6—	1694	13	11
" *Necessaries, viz:*						
Brushes	40	3	6			
Coals	991	5	0			
Earthenware	39	19	8			
Ironmongery	66	0	7			
Lime for Gas	4	1	3			
Oils, &c.	21	9	4—	1162	19	4
" *Salaries and Wages, viz:*						
Officers Salaries	1275	0	0			
Attendants' and Servants' Wages	1202	5	5—	2477	5	5
" Surgery and Dispensary	"	"	"	126	9	6
" Funeral Expences	"	"	"	114	18	0
" *Farm and Garden, viz:*						
Bran, Sharps, Meal, &c.	215	9	0			
Cows and Fodder	200	16	0			
Horse Hire, including £15 for a Horse	31	5	0			
Seeds	42	14	6			
Straw	44	0	6 —	534	5	0
" Rent of Land—Harrison's Fund	36	0	0			
Wm. Shaw	20	0	0 —	56	0	0
" Rates and Taxes	"	"	"	90	9	4
" *Miscellaneous, viz:*						
Advertising	6	6	6			
Carriage	6	0	9			
Clocks Winding, Repairing, &c.	11	7	6			
Stationery, Printing, Postages, &c.	93	8	3			
Setting Razors.	8	8	0			
Thermometers	5	11	0			
Removals (charged to Unions)	4	6	0			
Incidentals.	43	13	2 —	179	1	2
				15628	3	1
" Balance in hand on 31st December, 1855				1008	9	7
			£	16636	12	8
" Amount due to Tradesmen on existing Contracts				2194	0	0
" Balance in favor of the Institution				4755	14	4
			£	6949	14	4

PATIENTS.

	MALES.	FEMALES.	TOTAL.
In the Asylum on the 1st January, 1855	357	408	765
Admitted during the year 1855	134	131	265
	491	539	1030

	MALES.	FEMALES.	TOTAL.				
Discharged	73	93	166				
Died	62	35	97	—	135	128	263
Remaining in the Asylum on the 1st January, 1856					356	411	767

Daily average number resident during the year 1855.....787

ADMITTED.

Cases not exceeding three months' duration, and first attack.	Cases not exceeding twelve months' duration, and first attack.	Cases not exceeding two years' duration, and first attack.	Cases of more than two years' duration, and first attack.	Cases that have had previous attack.
112	37	12	21	83

Forms of Insanity, and Duration on Admission in the Recoveries of the Year.

Forms of Insanity.	Recoveries of those admitted during the year 1855.			Recoveries of those in the Asylum previous to the year 1855.			Total Recoveries.			DURATION ON ADMISSION. 1 Month and under.		1 to 3 Months.		3 to 6 Months.		6 Months to 1 Year.		One to many Years.		Not known.		Had previous Attacks.	
	M.	F.	TOT.	M.	F.	TOT.	M.	F.	TOT.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.
Mania.....	21	20	41	29	37	66	50	57	107	19	34	2	2	0	1	1	2	0	0	4	2	23	14
Melancholia.....	6	11	17	7	13	18	13	24	37	7	9	1	3	1	1	2	1	0	0	0	4	3	8
Dementia.....	1	0	1	2	1	3	3	1	4	0	0	1	0	0	1	1	0	1	0	0	0	0	0
	28	31	59	38	51	87	66	82	148	26	43	4	5	1	3	4	3	1	0	4	6	26	22

Per centage of Recoveries, viz:

Recoveries on the 1036 Patients under treatment in the year 1854.....12.64 per cent.
Ditto on the 1030 Patients under treatment in the year 1855.....14.37 per cent.
Recoveries of the 328 Patients admitted during the year 1854.....16.46 per cent.
Ditto of the 265 Patients admitted during the year 1855.....22.26 per cent.

	MALES.	FEMALES.	TOTAL.
Admitted since the opening of the Asylum	2993	3094	6087

	MALES.	FEMALES.	TOTAL.	MALES.	FEMALES.	TOTAL.
Discharged	1389	1731	3120			
Died	1248	952	2200	2637	2683	5320
Remaining.....				356	411	767

	MALES.	FEMALES.	TOTAL.
Discharged since the opening of the Asylum—Cured	1157	1419	2576
Relieved	232	312	544

Number of Patients admitted in each Year, from 1820 to 1855.

1820	1821	1822	1823	1824	1825	1826	1827	1828	1829	1830	1831	1832	1833	1834	1835	1836	1837	1838	1839	1840
76	89	109	118	122	143	122	114	119	123	113	143	149	143	127	147	147	155	183	159	140

1841	1842	1843	1844	1845	1846	1847	1848	1849	1850	1851	1852	1853	1854	1855
127	171	162	146	111	93	108	257	268	285	263	284	340	328	265

Number of Patients admitted in each Month.

Jan.	Feb.	March.	April.	May.	June.	July.	Aug.	Sep.	Oct.	Nov.	Dec.
485	421	500	463	603	574	571	487	466	459	438	483

Number of Patients discharged in each Year, from 1820 to 1855.

1820	1821	1822	1823	1824	1825	1826	1827	1828	1829	1830	1831	1832	1833	1834	1835	1836	1837	1838	1839	1840
35	46	49	54	89	85	68	64	81	70	74	72	66	93	80	81	89	85	97	94	91

1841	1842	1843	1844	1845	1846	1847	1848	1849	1850	1851	1852	1853	1854	1855
71	96	76	89	75	36	48	55	135	121	131	139	134	157	166

Number of Patients who have died in each Year, from 1820 to 1855.

1820	1821	1822	1823	1824	1825	1826	1827	1828	1829	1830	1831	1832	1833	1834	1835	1836	1837	1838	1839	1840
12	19	19	23	30	53	45	42	42	50	47	49	53	52	43	60	56	62	37	60	41

1841	1842	1843	1844	1845	1846	1847	1848	1849	1850	1851	1852	1853	1854	1855
57	53	53	57	44	37	43	79	226	81	96	109	145	114	97

Different ages at which Patients have been admitted during the Year 1855.

From 5 to 10 years.	From 10 to 20 years.	From 20 to 30 years.	From 30 to 40 years.	From 40 to 50 years.	From 50 to 60 years.	From 60 to 70 years.	From 70 to 80 years.	From 80 to 90 years.
0	8	28	37	**MALES.** 22	23	13	3	0
2	19	29	33	**FEMALES.** 19	19	8	2	0

Statement of Patients re-admitted.

Re-admitted who had not been discharged more than three months.	Re-admitted who had been discharged between three and six months.	Re-admitted who had been discharged between six and nine months.	Re-admitted who had been discharged between nine and twelve months.	Re-admitted who had been discharged between one and two years.	Re-admitted who had been discharged between two and three years.	Re-admitted who had been discharged between three and ten years.
3	2	0	**MALES.** 3	3	2	13
3	2	1	**FEMALES.** 2	4	6	7

Statement of the Admissions, Discharges, and Deaths of all the Patients in the Asylum, since the Opening, 23rd Nov., 1818.

ADMISSIONS.

Admitted	within three months after first attack	2009
,,	within twelve months after first attack	997
,,	who had been insane from one to many years	1227
,,	who have had previous attacks, and have been confined before in this Asylum	862
,,	who are stated to have had previous attacks, but have not been confined here	992
		6087

DISCHARGES AND DEATHS.

Discharged	recovered, who had not been insane more than three months before admission		962
		Deaths.....582	
,,	recovered, who had not been insane more than twelve months before admission		504
		Deaths.....420	
,,	recovered, who had been insane from one to many years before admission		169
		Deaths.....721	
,,	recovered, who had had previous attack.....		945
		Deaths.....477	
,,	not recovered, by desire of friends and by order of the Visiting Committee.....		540
		2200	3120

Deaths during the Year, 1855—viz:

	1st qr.	2nd qr.	3rd qr.	4th qr.	Total.
Males	16	18	16	12	62
Females	12	10	8	5	35
Total	28	28	24	17	97

Average Mortality on the average daily resident, 12.32 per cent.

Average weekly number under Medical Treatment.

Males, 11.42. Females, 14.75. Total, 26.17.

Causes of Death of the Patients who have Died in the Asylum during the Year 1855.

	MALES.	FEMALES.	TOTAL.
Apoplexy	6	1	7
Bronchitis	1	2	3
Cancer of Lip	1	0	1
Chronic Asthma with Anasarca	1	0	1
,, Diarrhœa	2	1	3
,, Gastritis	1	0	1
,, Pleurits with Effusion	1	0	1
Disease of the Heart	2	1	3
,, ,, ,, with Anasarca	2	0	2
,, ,, Brain and Membranes	3	2	5
Epilepsy	5	4	9
Erysipelas	0	2	2
General Paralysis	13	0	13
Gradual Exhaustion	5	11	16
Hœmorrage from the Lungs	0	1	1
Maniacal Exhaustion	4	0	4
Marasmus	0	1	1
Obstruction of Bowels	0	1	1
Old Age	6	4	10
Paralysis	7	0	7
Phthisis	2	2	4
Pneumonia	0	1	1
Scrofula	0	1	1
	62	35	97

Ages of Patients who have Died in the Asylum during the Year 1855.

	MALES.	FEMALES.	TOTAL.
From 10 to 20 years	2	1	3
,, 20 to 25 years	1	1	2
,, 25 to 30 years	3	1	4
,, 30 to 35 years	6	5	11
,, 35 to 40 years	10	2	12
,, 40 to 45 years	8	4	12
,, 45 to 50 years	6	2	8
,, 50 to 55 years	4	9	13
,, 55 to 60 years	13	2	15
,, 60 to 65 years	3	3	6
,, 65 to 70 years	3	3	6
,, 70 to 75 years	3	0	3
,, 75 to 80 years	0	1	1
,, 80 to 85 years	0	1	1
	62	35	97

Average of the 62 Male Patients who have died during the year, 47.24.
Average of the 35 Female Patients who have died during the year, 48.44.
Mean Average, 47.36.

Period of Residence of the Patients who have Died in the Asylum during the Year 1855.

	MALES.	FEMALES.	TOTAL.
Within 1 week	2	1	3
From 1 week to 1 month	4	3	7
,, 1 to 2 months	4	2	6
,, 2 to 3 months	2	0	2
,, 3 to 6 months	8	2	10
,, 6 to 9 months	1	3	4
,, 9 to 12 months	2	5	7
,, 12 to 18 months	13	2	15
,, 18 months to 2 years	9	2	11
,, 2 to 4 years	12	6	18
,, 4 to 6 years	2	1	3
,, 6 to 10 years	2	4	6
,, 10 to 15 years	0	1	1
,, 15 to 20 years	0	1	1
,, 20 to 30 years	0	2	2
Thirty-six years	1	0	1
	62	35	97

Average period of Residence of the 62 Male Patients who have died during the year, 2 years, 1 month, and 2 weeks.
Average period of Residence of the 35 Female Patients who have died during the year, 4 years and 1 week.
Mean Average, 2 years, 9 months, 3 weeks, and 4 days.

Occupation of the 134 Male Patients admitted during the year 1855.

Anvil Maker	1	Overlookers	2
Artist	1	Plasterers	2
Auctioneer	1	Picker Maker	1
Book-keeper	1	Paper Maker	1
Boatmen	2	Ragman	1
Brick-maker	1	Slater	1
Brick-layers	2	Soldier	1
Coal Leader	1	Shoe Makers	5
Coal Miners	3	Stone Masons	3
Calico Printer	1	Silversmith	1
Comb Buffer	1	Silk Spinner	1
Cloth Dressers	7	Tinner	1
Corn Miller	1	Tailors	5
Cooper	1	Tallow Chandler	1
Commercial Traveller	1	Whitesmith	1
Clothiers	3	Weavers	13
Cutlers	3	Well-sinker	1
Drapers' Assistant	1	Wool Combers	4
Dyer	1	Wool Sorters	2
Excavator	1	Wire Drawer	1
Edge-Tool Maker	1	Wheelwright	1
Footman	1	Watchman	1
Grocers	2	Wood Turner	1
Groom	1	Waterman	1
Gardeners	2	Flax Dresser	1
Hawker	1	File Cutters	2
Joiners	3	Foundry-man	1
Labourers	18	Painter	1
Mechanics	2	No Occupation	10
Mill Hands	2		

Occupation of the 131 Female Patients admitted during the Year 1855.

Burler	1	Stay Maker	1
Bonnet Maker	1	Sempstresses	3
Cap Maker	1	Servants	23
Dress Makers	4	Shopkeepers	2
Housekeepers	2	Weavers	6
Housewives	55	Washerwomen	9
Hawker	1	No Occupation	17
Mill Hands	5		

Degree of Education of the 265 Patients admitted during the Year 1855.

	MALES.	FEMALES.	TOTAL.
Can Read and Write	84	54	138
Can Read only	23	49	72
No Education	27	28	55
	134	131	265

Social state of the 265 Patients admitted during the Year 1855.

	MALES.	FEMALES.	TOTAL.
Married	75	66	141
Single	49	56	105
Widowed	10	9	19
	134	131	265

Religion of the 265 Patients admitted during the Year 1855.

	MALES.	FEMALES.	TOTAL.
Church of England	47	35	82
Roman Catholics	4	11	15
Wesleyans	26	39	65
Calvinists	4	6	10
Baptists	2	4	6
Primitive Methodists	0	6	6
Swedenborgians	2	1	3
Moravians	1	1	2
Not Known	22	18	40
No Religion	26	10	36
	134	131	265